



NATIONAL
ASSOCIATION OF
**LANDSCAPE
PROFESSIONALS**

THE BENEFITS OF HEALTHY LANDSCAPES

HEALTHY LANDSCAPES PROVIDE THE FOUNDATION FOR LIVING, WORKING AND PLAYING OUTDOORS.
THEY ARE GOOD FOR OUR HEALTH, GOOD FOR OUR COMMUNITIES AND GOOD FOR THE ENVIRONMENT.

» HEALTH AND SAFETY BENEFITS

Healthy, managed landscapes make people and their communities healthier.



REDUCE STRESS

Source: *Housley and Wolf*



IMPROVE QUALITY OF LIFE

Source: *Housley and Wolf*



REDUCE CRIME

Source: *U.S. Forest Service*



IMPROVE ATTENTION AND MEMORY

Source: *Mark Berman, University of Michigan*

In addition, they protect against outdoor pests that can transmit disease to people and pets.



Ticks can transmit Lyme disease, Rocky Mountain spotted fever, ehrlichiosis and babesiosis.



Fleas can transmit tapeworms to pets, as well as murine typhus and, occasionally, the bubonic plague to humans.



Fire ants can cause painful blisters and sometimes severe or life-threatening anaphylaxis.



Mosquitoes can transmit West Nile, Zika, malaria, chikungunya, dengue and a host of other bacterial and viral diseases.

» A HEALTHY LANDSCAPE HAS...

Not all grass, plants or trees are healthy. Healthy landscapes take effort, skill and know-how.



HEALTHY SOIL



NO PLANT-DAMAGING PESTS OR DISEASE



FEW WEEDS



HEALTHY GRASS, SHRUBS & TREES

» ENVIRONMENTAL BENEFITS

The value of managed lawns and landscapes extends beyond the backyard and into the community at large.



CLEAN & PURIFY AIR



PROVIDE OXYGEN



MINIMIZE NOISE



PROTECT WATER SOURCES FROM UNHEALTHY RUNOFF



ACT AS NATURAL COOLANTS

To learn more about the benefits a healthy, managed landscape offers your family, community and the environment, visit

LOVEYOURLANDSCAPE.ORG

HEALTHY LANDSCAPES ARE
**THE ROOT OF
HAPPINESS**